



WEBINAR

ADVANCEMENT OF INTERNET-BASED INTERVENTIONS FOR TRAUMA AND STRESS-RELATED DISORDERS

MAY 12, 2023

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The international webinar is organized to address the need for new solutions in delivering mental health care in psychotraumatology. The webinar will bring up together experts from Lithuania, Netherlands, Spain, and UK and will present state-of-the-art knowledge about the development of internet-based interventions for posttraumatic stress, adjustment disorder, prolonged grief. The webinar is organized by the Center for Psychotraumatology from Vilnius University, Lithuania in collaboration with the Lithuanian Society for Traumatic Stress, and European Society for Traumatic Stress Studies.



PROGRAM

MAY 12, 2023, CET 12:00 – 13:30*

12:00 OPENING AND WELCOME

Chair dr. Paulina Zelviene, Vilnius University,
Lithuania

ESTSS President dr. Joanne Mouthaan, Leiden
University, Netherlands

12:10 DEVELOPMENT AND EVALUATION OF SPRING, A DIGITAL GUIDED SELF- HELP PROGRAM FOR PTSD

Dr. Catrin Lewis, Cardiff University, UK

12:30 DEVELOPMENT OF THE INTERNET- BASED INTERVENTIONS FOR ADJUSTMENT DISORDER AND PROLONGED GRIEF DISORDER

Prof. Soledad Quero, Universitat Jaume I, Spain

12:50 DEVELOPMENT AND EVALUATION OF INTERNET-DELIVERED STRESS RECOVERY PROGRAM

Prof. Evaldas Kazlauskas, Vilnius University,
Lithuania

13:10 DISCUSSION

Chair dr. Paulina Zelviene, Vilnius University,
Lithuania

ABOUT THE SPEAKERS



DR. JOANNE MOUTHAAAN

ESTSS President | Leiden University

Dr. Joanne Mouthaan is a senior assistant professor and educational coordinator for the Clinical Psychology Department of the Institute of Psychology at the Faculty of Social and Behavioural Sciences of Leiden University, the Netherlands. She focuses on the prediction, prevention and etiology of PTSD and other trauma-related psychopathology, early risk screening and early (e-health) interventions.



DR. CATRIN LEWIS

Research Associate | Cardiff University

Dr. Catrin Lewis, Research Associate, Division of Psychological Medicine and Clinical Neurosciences, Cardiff University, United Kingdom. In her research she focuses on development of internet-based therapies for treatment of post-traumatic stress disorder.



PROF. SOLEDAD QUERO

Clinical psychology professor | Universitat Jaume I

Prof. Soledad Quero is a clinical psychology professor at Universitat Jaume I, Spain. Her field of research expertise is psychological internet- and technology-based interventions, including ICT-based applications.



PROF. EVALDAS KAZLAUSKAS

Clinical psychology professor | Vilnius university

Prof. Evaldas Kazlauskas is a Professor of Clinical Psychology and Psychotraumatology at Vilnius University, Lithuania, and Head of the Center for Psychotraumatology at the Institute of Psychology at Vilnius University. Kazlauskas is a Past-President of the European Society for Traumatic Stress Studies.



ASSOC. PROF. PAULINA ZELVIENE

Senior researcher | Vilnius university

Chair: Assoc. prof. Paulina Zelviene is clinical psychologist and senior researcher at Vilnius University, Institute of Psychology, Center for Psychotraumatology. Zelviene is one of the leading professionals of trauma- and stress related disorders in the region.



ORGANIZER:

Vilnius University, Lithuania.
Center for Psychotraumatology, Institute of Psychology



**Vilnius
University**

PARTNERS:

European Society for Traumatic Stress Studies,
Lithuanian Society for Traumatic Stress.



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