

TRAUMA AND CULTURE

International Conference of Cross-cultural
Perspectives on Youth Stress and Resilience

FEBRUARY 22, 2022 | VILNIUS - HIROSHIMA

REGISTER



NO REGISTRATION FEE

ABOUT THE CONFERENCE

The international conference Trauma and Culture is organized to address youth mental health in the context of global challenges. Leading experts in mental health raised the importance of mental health and difficulties in developing the positive identity of youth. There is growing evidence that the majority of youth are exposed to life-stressors and traumatic experiences. Global challenges such as societal changes, global warming, or pandemics contribute to the growing burden on youth.

The conference will bring up together experts and the leading psychologists from Germany, Japan, and Lithuania who will present state-of-the-art knowledge, based on modern theoretical conceptualizations and advanced research methodologies on youth mental health.

The conference was inspired by the highly successful collaboration between the Lithuanian and Japanese psychology researchers from Vilnius and Hiroshima Universities, led by prof. E.Kazlauskas and assoc. prof. Y.Kamite. The joint two-year collaboration of clinical and development psychologists provided unique insights into youth development and mental health. Cross-cultural studies on psychological responses to stress and trauma are particularly important for a better understanding of the normal response to stressful experiences and coping mechanisms after adverse life experiences. The research project contributed to the development of appropriate assessment tools and provided research-based knowledge for implementing mental health services for adolescents and young adults.

The Joint Research Project "Stress and resilience among adolescents and young adults: Cross-cultural study" was funded by the Japan Society for the Promotion of Science (JSPS), agreement No JPJSBP120204201 and the Research Council of Lithuania, agreement No S-LJB-20-2.



Official conference languages: English and Japanese with simultaneous interpretation.

CONFERENCE
ORGANIZERS



CONFERENCE
PARTNERS



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TRAUMA AND CULTURE 2022

International Conference of Cross-cultural Perspectives on
Youth Stress and Resilience

ONLINE*

Tuesday, February 22

Languages:



9:30 – 10:00 EET
16:30 – 17:00 JST

Opening

10:00 – 10:30 EET
17:00 – 17:30 JST

Mental health in the intercultural context

prof. Jurgen Margraf, Germany

10:30 – 10:50 EET
17:30 – 17:50 JST

Trauma in Japanese cultural and historical context / War, trauma, and modernity

dr. Yuka Kamite / dr. Eri Nakamura, Japan

10:50 – 11:05 EET
17:50 – 18:05 JST

Adolescence and emerging adulthood: timeframe for change and identity development

prof. Kazumi Sugimura, Japan

11:05 – 11:20 EET
18:05 – 18:20 JST

Trauma and post-traumatic stress in Japanese and Lithuanian adolescents

dr. Paulina Zelviene, Lithuania

11:20 – 11:35 EET
18:20 – 18:35 JST

Trauma and identity content valences in Japanese adolescents

dr. Shogo Hihara, Japan

11:35 – 11:50 EET
18:35 – 18:50 JST

Trauma, post-traumatic stress, and identity in Japanese and Lithuanian emerging adults

dr. Inga Truskauskaitė, Lithuania

11:50 – 12:00 EET
18:50 – 19:00 JST

Discussion / Farewell